

<u>Menu Item</u>	<u>Calories (Kcal)</u>	<u>Protein (g)</u>	<u>Carbohydrate (g)</u>	<u>Dietary Fiber (g)</u>	<u>Total fat (g)</u>
Marion berry Muffin	446	6	56	5	20
Chocolate muffin (Vegan)	502	2	60	4	27
Lemon Poppy Seed Muffin	494	6	62	4	23
Cinnamon coffee cake	541	6	70	4	24
Bran Muffin (Vegan)	346	8	49	6	13
Chocolate Chip Cookie	320	4	42	1	16
Peanut Butter Cookie	406	8	50	1.5	20
Snicker Doodle Cookie	380	4	50	<1	18
Oatmeal Raisin Cookie	300	4	44	2	12
Cranberry Scone	254	3	36	1	11
Cinnamon Roll	461	10	80	5	7